

[Type Date]

<b>Sample Parent Letter Child Care Center Norovirus Outbreak</b>
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Dear Parent/Guardian:

[Type LPHA name] and the Iowa Department of Public Health have been investigating reports of children and staff experiencing symptoms of vomiting and diarrhea at [Type childcare center name]. These symptoms appear to be the result of an outbreak of norovirus.

Norovirus is a common cause of gastroenteritis in people. Symptoms usually include nausea, vomiting, diarrhea and stomach cramping. The symptoms of norovirus appear about 24 - 48 hours after exposure to the virus with a range of 10 – 50 hours. The illness is usually brief, lasting only one to three days. This virus is most commonly spread by eating contaminated foods or liquids, touching contaminated surfaces or objects and then placing hands in mouth, or having direct contact with a person who is infected and showing symptoms. In order to prevent the spread of this virus in your home (and at the childcare center), follow these basic prevention strategies:

- Wash hands after using the toilet.
- Wash hands before handling food or ice.
- Wash hands before eating.
- Refrain from food handling duties if currently ill and for 3 days after diarrhea and vomiting have stopped.
- Discard foods that have been handled or prepared by someone who is or has recently had vomiting or diarrhea.
- Promptly clean and disinfect any surfaces that become soiled with vomit or diarrhea.
- Ill children in diapers and child care center staff that handle food, should remain at home for three days following cessation of diarrhea and/or vomiting and until stools are formed. Children not in diapers and other child care center staff should be excluded until 24 hours after both diarrhea and vomiting have ceased, and until stools are formed. Education on proper hand hygiene should be emphasized upon return to the child care center.

Measures are also being taken at the school to prevent further spread of the illness. For additional information about norovirus visit: [www.idph.state.ia.us/Cade/DiseaseIndex.aspx?disease=Norovirus](http://www.idph.state.ia.us/Cade/DiseaseIndex.aspx?disease=Norovirus) . If you have any questions or concerns, please feel free to contact or call [Type LPHA or IDPH name] at [Type agency phone number].

Sincerely,

[Type LPHA or IDPH name]  
[Type job title]